

FOR IMMEDIATE RELEASE  
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## **Omega Institute to Offer More Than 45 Health & Healing Workshops, Conferences & Retreats in 2016**

### ***Leading Experts to Present Latest Findings & New Hope for Managing Dementia, Alzheimer's, Lyme Disease & Cancer***

RHINEBECK, NY – The Omega Institute, a premier nonprofit educational retreat center located in the heart of the Hudson Valley, will be convening an impressive lineup of top medical doctors and researchers to present a series of events throughout the summer and fall months of 2016. More than [45 workshops](#) related to health and healing will be offered, including two Omega Wellness Weekends taking place in [June](#) and [September](#). Most prominently, Omega will offer three conferences that will reveal life-changing research: [Hope for Dementia & Alzheimer's Disease](#), [Living Well With Lyme Disease](#), and [Radical Remission: Surviving Cancer Against All Odds](#).

“So much is changing in terms of our understanding of illness and the many factors that influence healing. Omega is proud to bring forward some of the nation’s top health experts to shed new insight on how we can go beyond coping with a condition to thriving. Whether we’ve received a diagnosis or a clean bill of health, we can all benefit from new findings that teach us steps toward optimizing our health today and increasing our future longevity,” said Carla Goldstein, chief external affairs officer at Omega.

[Living Well with Lyme Disease \(June 17-19\)](#), with Richard Horowitz, MD, Tom Francescott, ND, and Katina I. Makris, CCH, CIH. This empowering workshop is for those afflicted with Lyme disease, health-care providers who want to improve their diagnostic and treatment skills, and anyone else who wants the most up-to-date information on Lyme disease. Guided by a medical doctor, a naturopath, and an expert in natural care, participants gain the knowledge and practical tools needed to demystify Lyme disease and navigate this perplexing illness. [Tiered pricing options are available](#).

[Hope for Dementia & Alzheimer's Disease Conference \(July 1-3\)](#), with David Perlmutter, MD, FACN, ABIHM, Dale E. Bredesen, MD, Mark Hyman, MD, Jacqui Bishop, MS, Lisa Feiner, MBA, MED, Patricia Tamowski, and Alan Scott Douglas. Top medical doctors in the field reveal life-changing research, share case studies, and explain how participants can use this information to prevent or treat dementia and Alzheimer's disease. [Scholarships](#) are available.

In addition, Hope for Dementia & Alzheimer's will be available as an [Online Learning Event](#) until October 1, 2016.

[Radical Remission: Surviving Cancer Against All Odds \(October 14-16\)](#), with Kelly Turner, PhD, and Aaron Teich. Best-selling author Kelly Turner studied 1,500 cases of radical remission—people who had complete reversal of a serious or terminal cancer diagnosis. This program will explore nine healing factors in common among the radical remission cases. Tiered pricing is available.

A limited number of media passes are available. To apply for a media pass, visit [eOmega.org/press](http://eOmega.org/press).

For more information visit [eOmega.org](http://eOmega.org), and follow Omega on Facebook, Twitter, YouTube, Pinterest, LinkedIn, Instagram, and Google+.

**About Omega Institute for Holistic Studies**

*Founded in 1977, Omega Institute for Holistic Studies is the nation's most trusted source for wellness and personal growth. As a nonprofit organization, Omega offers diverse and innovative educational experiences that inspire an integrated approach to personal and social change. Located on 250 acres in the beautiful Hudson Valley, Omega welcomes more than 23,000 people to its workshops, conferences, and retreats in Rhinebeck, New York, and at exceptional locations around the world. eOmega.org*

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